4Life™

Food supplement for maintaining healthy **joints, bones and muscles**[1,2]

Joints[1]



Muscles and bones[2]

Tiredness and fatigue[3]

With glucosamine[4]

Immune system[5]

4LIFE FUNDAMENTALS™

FIBRO AMJ™

JOINTS • BONES • MUSCLES

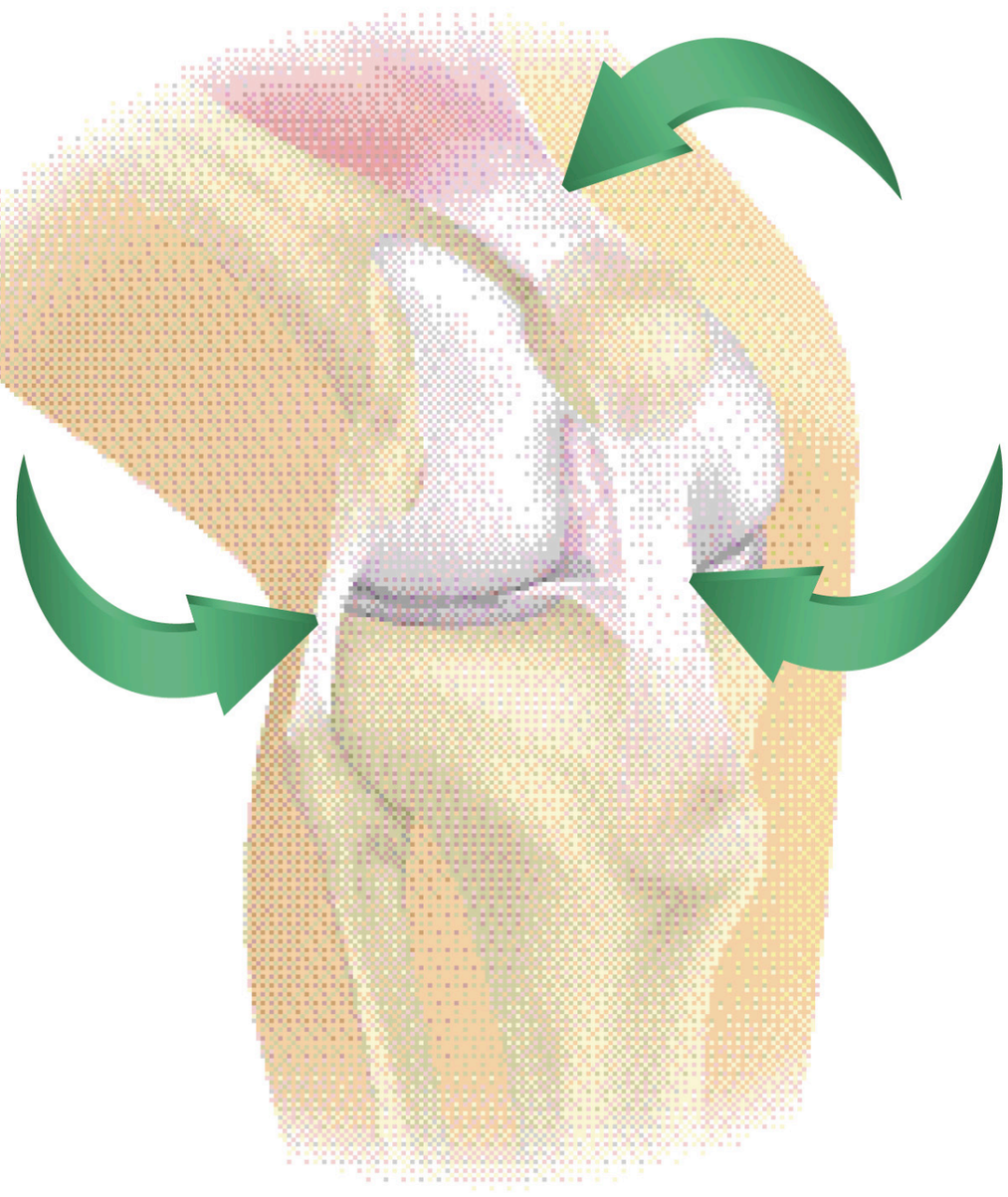
(1) Boswellia helps keep joints cool and comfortable.
(2) Magnesium contributes to normal muscle function and the maintenance of normal bones.
(3) Magnesium and Vitamin B6 contribute to a reduction of tiredness and fatigue. Vitamin B6 contributes to normal energy-yielding metabolism.
(4) Contains Glucosamine hydrochloride combined with methylsulfonylmethane (MSM) and bovine cartilage.
(5) Vitamin B6 contributes to the normal function of the immune system.

Food supplement for maintaining healthy joints, bones and muscles.

The main functions of the locomotor system are to allow movement, control posture and protect the organs.

Age, intense exercise or demanding physical work, excess weight and an unbalanced diet can:

- Weaken.
- Wear away.
- Produce inflammation.



Taking good care of your joints is important for a good quality of life: doing normal daily activities, walking, being able to travel, exercising, etc.

What does Fibro AMJ offers.

- Boswellia helps keep **joints** cool and comfortable.
- Magnesium and Vitamin B6 contribute to a reduction of **tiredness and fatigue.**
- Magnesium contributes to normal **muscle function** and the maintenance of normal **bones.**
- Vitamin B6 contributes to normal **energy-yielding metabolism** and the normal function of **the immune system.**
- A combination of **glucosamine, methylsulfonylmethane (MSM)** and bovine cartilage.

90 CAPSULES

84.8 g NET WEIGHT

TAKE ONE (1) CAPSULE PER DAY WITH 240 ML OF FLUID.

Daily dose: One (1) Capsule

Daily doses per pack: 90

INGREDIENTS:

Glucosamine hydrochloride (crab and shrimp (**crustaceans**)), acid (malic acid), magnesium oxide, coating agent (gelatine), methyl sulfonyl methane, bovine cartilage powder, peppermint (*Mentha x piperita*) leaf powder, *Boswellia serrata* gum extract, water, anti-caking agent (stearic acid), N-acetyl L-cysteine, peppermint flavour, pyridoxine hydrochloride, bromelain, grape (*Vitis vinifera*) seed extract, L-cysteine, devil's claw (*Harpagophytum procumbens*) root extract, alpha lipoic acid, and anti-caking agent (silicon dioxide).

Warnings: Do not use if you have gastric or duodenal ulcers or gallstones. Do not give to children under 12 years of age. Inform your doctor or pharmacist when taken in conjunction with other medicines. Do not exceed the recommended daily dose. Dietary supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle.
KEEP OUT OF THE REACH OF CHILDREN. Store in a cool dry place.

Amount per daily dose		%NRV*
Magnesium	66.7 mg	17%
Vitamin B6	3.3 mg	238%
Glucosamine	66.7 mg	-
Methylsulfonylmethane	100 mg	-
Bovine cartilage	74.1 mg	-
Mint	60 mg	-
Boswellia	23.3 mg	-
N-acetyl-L-cysteine	5 mg	-
Bromelain	4 mg	-
Grape seed extract	3.3 mg	-
L-cysteine	3.3 mg	-
Devil's claw	1.7 mg	-
Alpha lipoic acid	1.7 mg	-

***NRV: Nutrient Reference Values**





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