Food supplement with **vitamins, minerals, essential fatty acids**, and plant extracts for general well-being.

Reduction of tiredness and fatigue[1]

Healthy bones[3]

Normal functioning of the nervous system[5]



Normal functioning of the immune system[2]

Regular muscle function[4]

Protection of cells against oxidative stress[6]

Healthy joints[7]

Tri-Factor Formula

Normal heart function[8]

RITESTART™

(1) Contains iron, magnesium, vitamin C, and vitamin B6.
(2) Contains iron, vitamin A, vitamin C, vitamin D, vitamin B6, vitamin B12, an exclusive combination of mushroom extracts, turmeric plant extracts, and aloe vera.
(3) Contains calcium and vitamin D.
(4) Contains magnesium, calcium, and vitamin D.
(5) Contains magnesium, vitamin C, niacin, vitamin B2, thiamine, vitamin B6, vitamin B12, biotin.
(6) Contains vitamin C, vitamin B2, extracts of turmeric, and grape seed.
(7) Contains bioflavonoids from lemon.
(8) Contains omega-3 (the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA).

ALL-IN-ONE NUTRITION

RITESTART™

- Do you eat at least 5 servings of fruits and vegetables daily?
- Does you diet include blue fish at least twice a week?
- Do you opt for whole foods when you do the shopping?
- Do you use prepared or precooked dishes less than once a month?



30
PACKETS

90,21g
NET WEIGHT

DIRECTIONS:

Take two (2) packets daily with 240 ml of fluid. For best results, take one packet in the morning and one packet in the evening.

NUTRITIONAL INFORMATION:

Daily doses per container: 15

Amount per daily dose		%RI*
Calcium	150 mg	19%
Magnesium	57 mg	15%
Vitamin C	15 mg	19%
Zinc	10 mg	100%
Iron	3,6 mg	26%
Niacin	3 mg	19%
Pantothenic Acid	2 mg	33%
Vitamin E	1,8 mg	15%
Vitamin B6	0,6 mg	43%
Copper	0,5 mg	50%
Vitamin A	450 µg	56%
Vitamin B1	0,4 mg	36%
Vitamin B2	0,4 mg	29%
Biotin	70 µg	140%
Folic Acid	40 µg	20%
Vitamin D3	1 µg	20%
Vitamin B12	0,4 µg	16%
Fish Oil	1030 mg	-
· EPA/DHA	567 mg	-
Green Tea	309 mg	-
Flaxseed Oil	266 mg	-
Soy	260,22 mg	-
Citrus Bioflavonoids	257,5 mg	-
Inositol Hexaphosphate	256,5 mg	-
Colostrum	210 mg	-
Acerola	191,66 mg	-
Borage Seed Oil	186 mg	-
Safflower Seed Oil	158 mg	-
Curcumin	157,5 mg	-
Egg Yolk	90 mg	-
Cordyceps	74,28 mg	-
Pine Bark	63 mg	-
Grape Seed	63 mg	-
Baker's Yeast	57,9 mg	-
Agaricus	35 mg	-
Aloe	34 mg	-
Oat	33,34 mg	-
Maitake	20 mg	-
Shiitake	20 mg	-

*RI: Reference intake

If most of your replies are negative, a daily supplement with the most essential nutrients can help you.

Our daily routing should be healthy, and that means for example having a balanced diet, exercising, resting, sleep enough, etc. Taking RITESTART every day is an important habit that helps us complement the nutrients that may be lacking in our diet.

What RiteStart offers

RiteStart is a very complete product whose formulation includes 38 ingredients, among which vitamins, minerals, omega-3 and omega-6 fatty acids, plant extracts, exclusive combination of mushrooms, and the 4Life Tri-Factor Formula.

INGREDIENTS:

MULTIPLEX CAPSULE: Tricalcium phosphate, anticaking agent (microcrystalline cellulose), stabilizer (gelatin), magnesium oxide, ascorbic acid, bulking agent (magnesium stearate), biotin, ferrous sulfate, betacarotene, niacinamide, copper gluconate, anti-caking agent (silicon dioxide), d-alpha-tocopherol acetate, calcium D-pantothenate, pyridoxine hydrochloride, thiamine mononitrate, cholecalciferol, riboflavin, cyanocobalamin, and pteroylmonoglutamic acid.

TRANSFER FACTOR PLUS CAPSULE: 4Life Tri-Factor Formula (obtained from cow colostrum [**milk**] and **egg** yolk), inositol hexaphosphate, soy seed extract (*Glycine max*), stabilizer (gelatin), zinc gluconate, cordyceps sinensis (*Cordyceps sinensis*), baker's yeast, agaria auguste (*Agaricus blazei*), aloe (*Aloe barbadensis*), oat seed extract (*Avena sativa*), maitake mushroom (*Grifola frondosa*), shitake mushroom (*Lentinus edodes*), anticaking agent (magnesium stearate), and anti-caking agent (silicon dioxide).

ANTIOXIDANT CAPSULE: Tea (*Camellia sinensis*), lemon bioflavonoids, stabilizer (gelatin), acerola (*Malpighia glabra*), turmeric (*Curcuma longa*), bulking agent (microcrystalline cellulose), vine (*Vitis vinifera*), maritime pine (*Pinus maritima*), anti-caking agent (magnesium stearate), and anti-caking agent (silicon dioxide).

BIOEFA SOFT CAPSULE: Fish oil, stabilizer (gelatin), cultured flax seed oil (*Linum usitatissimum*), coating agent (glycerin), borage seed oil (*Borago officinalis*), safflower seed oil (*Carthamus tinctorius*), water, and preservative (extract rich in tocopherols).



Warnings: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN. The product contains 97,2 mg catechins (of which 46,35 mg (-)-epigallocatechin-3-gallate (EGCG)) per serving. It is not recommended to consume a daily amount of 300 mg of EGCG or more. Should not be consumed by pregnant or lactating women and children below 18 years old. Should not be consumed if you are already consuming other products containing green tea on the same day. Should not be consumed on an empty stomach. Store in a cool dry place.

4Life® products are not intended to diagnose, treat, cure, or prevent any disease.
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